

MUSIC THERAPISTS

Role in PUBLIC HEALTH



Health Protection

Music Therapists promote improved health through each interaction with service users in a variety of settings.

We practice infection prevention and control.



Wider Determinants

Music Therapists advocate for those who find it difficult to articulate their needs and who experience health inequalities.

We provide individuals and groups with therapeutic support and resources.



Population Healthcare

Music Therapists work across the lifespan to achieve a better quality of life for service users.

We do this through prevention, early intervention, diagnosis and treatment.

We work with individuals and organisations to support rehabilitation and self-management of long term conditions e.g. respiratory, stroke, brain injury etc.



Health Improvement

Music Therapists use Making Every Contact Count (MECC) e.g. promoting physical and mental wellbeing through positive interactions.

We champion public awareness campaigns e.g. first 1000 days; suicide prevention.

We take a holistic approach to our clients referring to other clinical professionals when appropriate.

Examples of work sectors

hospitals, schools, mental health services, prisons, hospices, community hubs, people's homes (including nursing and residential homes), carers centres etc.

