

# DRAMATHERAPISTS

## Role in PUBLIC HEALTH



### Health Protection

Dramatherapists promote improved health and wellbeing working with a number of populations and in a variety of settings.

We practice infection, prevention and control.

### Wider Determinants



Dramatherapists advocate for those who find articulating their needs difficult and who experience health inequalities e.g. people with intellectual disabilities and those with mental health challenges.

We provide support through face-to-face individual and group therapeutic sessions as well as online interventions.



### Population Healthcare

Dramatherapists work across the lifespan to support people's wellbeing.

We do this through assessment, early intervention, diagnosis and treatment.

We work with different populations and organisations to help educate, support, maintain, rehabilitate and self-manage particularly when people have communication challenges e.g. intellectual disabilities, brain-injury, dementia.



### Health Improvement

Dramatherapists use Making Every Second Count (MECC) e.g. promoting both physical and mental wellbeing through positive interactions.

We use a holistic approach through working alongside other AHPs and medics to support the whole person.

We use a trauma informed care model to better understand and support our clients.

We social prescribe e.g. community provision, library safe spaces.

### Examples of work sectors

hospitals, schools, mental health services, prisons, care homes, hospices, recovery colleges, people's homes and residential settings



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This is just a snapshot and not an exhaustive list of public health interventions.